

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## johannes ngwach

Has successfully participated & completed the

10km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

**TIME** 01:19:27

**PACE** 07:55/km

**OVERALL** 350 of 765

26 October 2019, Sat

Date

**GENDER** 209 of 311

**40+** 44 of 72



